

# Rejuvenative Foods

**100% Organic**

**LOW-TEMP GROUND!  
FRESH AND RAW!**

## BLACK SESAME TAHINI

**ARTISAN**

**A VEGAN, TRANS-FAT-FREE  
AND GLUTEN-FREE FOOD**

**INGREDIENT:** Raw, mechanically hulled, organic black sesame seeds. To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of fresh black sesame seeds 4 or more times and then refrigerate. Black sesame seeds are a source of calcium, protein, B vitamins and essential fatty acids\* and have been enjoyed by world cultures for thousands of years. This Raw Tahini is more readily digestible than whole dry sesame seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing\* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. **ALSO AVAILABLE**, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



**SUPERIOR QUALITY!**  
*Satisfaction Guaranteed  
or Your Money Back!*  
(See our web site)

**Rejuvenative Foods**  
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Certified Organic by Monterey  
County Certified Organic  
Made in the USA

**\*Recipes & health facts at  
[www.rejuvenative.com](http://www.rejuvenative.com)**

### Nutrition Facts

Serving Size 1 Tbsp (14g)  
Servings per container about 36

#### Amount Per Serving

**Calories** 86

<b>Total Fat</b> 7g	11%
Saturated Fat 1g	5%
Trans Fat 0g	

<b>Cholesterol</b> 0mg	0%
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<b>Sodium</b> 11mg	0%
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<b>Total Carbs</b> 3.9g	1%
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Dietary Fiber 1.4g	6%
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Sugars less than 1g	
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<b>Protein</b> 2.7g	5%
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Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



For Best Quality, Keep Refrigerated Net Wt. 16 oz. (454g)